

Group Psychotherapy

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Examples of group phenomena events accompanied by MSE changes

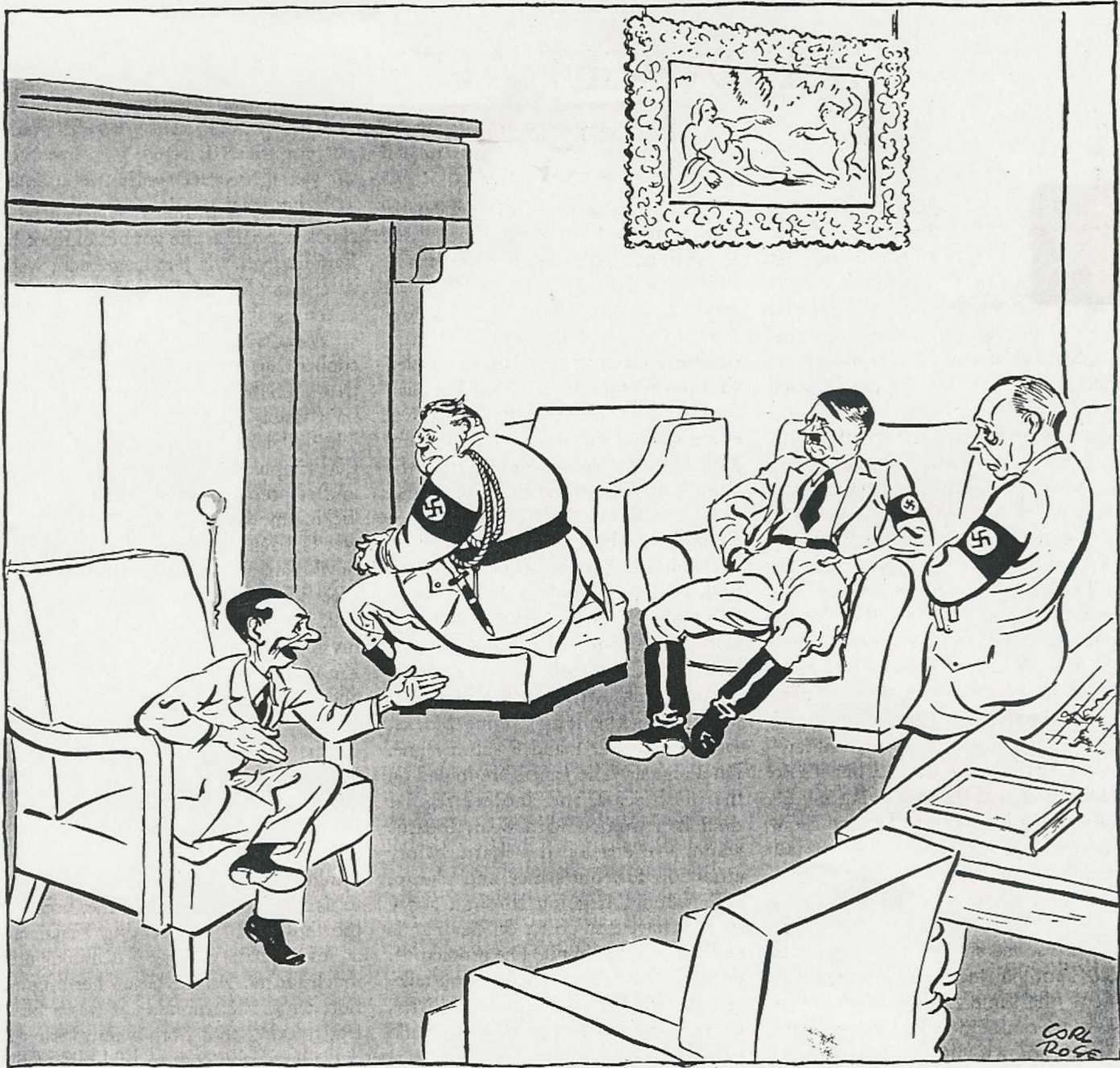
- 1 Political rallies
- 2 Rock concerts
- 3 theater performances (theater, movies,)
- 4 Sports events
- 5 Lynchings
- 6 Public executions
- 7 Military actions

Historical Aspects

- Group processes have been known since ancient times regarding leadership and human interactions.
- Political leaders, clergy, team sports, and performing arts—involves group processes.
- Beginning of the 20th Century, Joseph Pratt, a Boston Internist = beginning of group therapy.

Historical Aspects (cont'd)

- World War II, England = Tavistock groups.
- Since the 1960s in the United States, vast numbers of non-psychiatric groups emerged: support groups for medical illness, educational groups (diabetes), self-help groups (AA, Compassionate Friends, Recovery Inc.), awareness groups (EST, Lifespring, Forum), corporate seminars.
- Example: 12 to 14 million individuals attended some kind of self-help group in 1983.



"... and as for those postwar trials, we can always plead insanity."



"I'm warning all of you. In the future, only normal brutality will be tolerated."

For additional information regarding
this subject, please contact Dr. Novac
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