

TRAUMA and PTSD I

(The New Center for Psychoanalysis, Los Angeles)

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MODULES OF LECTURES

Lecture I:

1-Trauma, PTSD, the Brain and Psychoanalysis

Lecture II:

1-Affiliative (interpersonal) Behavior and Trauma

2-General Treatment

3-Mechanisms of Dynamic Therapy and Trauma
Recovery

Trauma and Psychoanalysis

- Janet (1886, 1889): “dissociation of mind”
- Breuer & Freud (1895): (myself vs not-myself):
 - catharsis--working through
 - defenses
 - repetition-compulsion
 - Instincts (self-preservation - death)
- Kardiner(1941) : Physioneurosis of combat
- Post WWII: Fairbairn, Ferenczi, Abraham, Simmel, Jones, Melanie Klein.
- Krystal(1968); Lifton (1967)

Historical Overview

- Ancient Times: Gilgamesh, Homer, Cicero
- Shakespeare, Samuel Pepys, Dickens
- 19th Century: American Civil War, Workers' Compensation Acts
- 20th Century: “Shell Shock,” “Shell Concussion,” “Traumatic Neurosis” (Kardiner, Freud), “Gross Stress Reaction” (DSM-I), “Transient Situational Disturbance” (DSM-II), PTSD (DSM-III)

For additional information regarding this subject, please contact Dr. Novac at anovacmd@gmail.com