

# Trauma in Contemporary Clinical Practice

(Lecture in Whitefish, Montana, 1998)

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# New Areas of Study

- Cumulative effect of trauma
- Intergenerational aspects of trauma
- Acquired Vulnerability
- Trauma and psychopathology

# Traumatic Disorders

- Stein, M.; Yehuda, R.; Koverola, C.; et al.: Enhanced dexamethasone suppression of plasma cortisol in adult women traumatized by childhood sexual abuse. (Biol Psychiatry, 1997; 42:680-686.)  
History of trauma = supersuppression of DST.

## Traumatic Disorders -- cont'd.

- Yehuda, R.; Southwick, S.; Krystal, J.; et al.: Enhanced suppression of cortisol following dexamethasone administration in combat veterans with post-traumatic stress disorder and major depressive disorder. (Am J Psychiatry 1993; 150:83-86)  
PTSD + comorbid depression = supersuppression of DST.

## Traumatic Disorders -- cont'd.

- Levitan, R.; Lesage, A.; Parikh, S.; et al.:  
Reversed Neurovegetative Symptoms of  
Depression: A Community Study of Ontario  
(Am J Psychiatry 1997; 154:934-940)  
Patients with major depression classified in  
four groups: “typical” symptoms only,  
reversed (atypical) symptoms only, neither  
type, both (fluctuating).