

NBK Evaluation Scale

(Property of Au pair International)

Purpose and Assumptions of NBK Evaluation Scale

- Major Purpose: Screening for psychiatric symptoms and/or dysfunctional behavior (no diagnosis).
- Assumptions: 1. An overall healthy population; 2. Honest answers; 3. No statistical validation; 4. Face value only.
- NBK stands for: Novac, Bunney, Koransky.

NBK Part I

Disorders Screened For :

- Psychoses
- Depressive Disorders
- Anxiety Disorders
- Substance Abuse Disorders
- Conduct Disorders
- Eating Disorders
- Personality Disorders

Levels of Accuracy in Obtaining A Diagnosis

- A. Most Accurate: Interview and Examination
- B. Less Accurate: Review of Records and History Only
- C. Even Less Accurate: Testing Only

For additional information regarding
this subject, please contact Dr. Novac
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